

Date: 9/17/25

PREP EEC/CSPP/PALS LAUSD Breakfast, Lunch, Snack Menu October 27 – 31, 2025					
	Monday 10/27	Tuesday 10/28	Wednesday 10/29	Thursday 10/30	Friday 10/31
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Entrée	Cinnamon French Toast V (R2222)	Morning Magic Bagel V (R2292)	LTO- Turkey Sausage & Pancake Bites (R5818)	Yogurt 4 oz. & Crackers V (R5617-DW, R5618-CB)	Deluxe Cereal Bowl V
Fruit	Fresh Fruit	Fresh Fruit	Perfect Pears (R3163)	Fresh Fruit	Fresh Fruit
Milk (6 oz.)	Milk	Milk	Milk	Milk	Milk
Condiments	-	Cream Cheese (CMS #7097-DW, #9043-CB), Strawberry Jam	-	-	-
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Entrée	Cheeseburger Sliders (R0137)	Pepperoni Pizza Wedge (R0730) OR Cheese Pizza Wedge V (R1063)	Turkey Breast Sandwich, 1/2 (R0976) OR Turkey Breast & Cheese Sandwich (R0911)	Orange Chicken & Rice Bowl (R5593)	Breaded Chicken Sandwich (R0958)
Vegetable	Cherry Smooth Cup (CMS #2364, R4463)	Romaine Mix Salad (R4210)	Orange Medley Juice (CMS #1308)	Roasted Potato Wedges (R4404N)	Romaine Mix Salad (R4210)
Fruit	Fresh Fruit	Frozen Peach Cup (CMS #2953, R3021)	Fresh Fruit	Fresh Fruit	Mixed Fruit Cup (CMS #1737, R3371)
Milk (6 oz.)	Milk	Milk	Milk	Milk	Milk
Treat Item	Offer the Pumpkin Spice Cookie (R2650/CMS #2612) once this week as an Extra Treat.				
Condiments	Ketchup, Mayo, Mustard	Ranch	Mayo, Mustard	-	BBQ Sauce, Ketchup, Mayo, Mustard, Ranch
SNACK	SNACK	SNACK	SNACK	SNACK	SNACK
Grain	Cheez-It Crackers (CMS #1239)	Food & Nutrition Crackers (CMS #1590, R2428)	Cheez-It Crackers (CMS #1239)	Food & Nutrition Crackers (CMS #1590) Cheese Plank (CMS #2525)	Belvita Cinnamon Crackers (CMS #1447)
Milk (6 oz.) OR Meat/Meat Alt	Milk	Mango Yogurt 4 oz. V (CMS #7155-DW, #9160-CB)	Milk	Milk	Milk

All the Grain/Bread items served are whole grain rich.

V = Vegetarian

Milk: Offer One Milk Choice - Low-Fat Unflavored Milk 6 oz. However, if requested by parent/guardian, an individual carton of Unflavored Fat-Free Milk or Unflavored Fat-Free Lactose Free Milk may be given to a specific student.

Deluxe Cereal Bowl

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Cinnamon Toast Crunch (CMS #1623, R2437)	Honey Cheerios (CMS #1442, R2449)
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Fresh Fruit – Order no more than 3 different fresh fruits per day:

Apple Slices, Red (CMS #3935, R3346)	Banana - (CMS #3204, R3005)	Kiwi (CMS #3846, R3288)	Pear, Bosc (CMS #3938, R3373)
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